

Proiect finanțat prin: **PROGRAMUL ERASMUS+ AL UNIUNII EUROPENE**
Acțiunea cheie: **ACREDITARE ERASMUS+ KA1- PROIECTE DE MOBILITATE**
Domeniul: **EDUCAȚIE ȘCOLARĂ**
Durata proiectului: **15 LUNI (01.06.2024 – 31.08.2025)**
Numărul de identificare al contractului: **2024-1-RO01-KA121-SCH-000216209**
Beneficiar: **C.Ș.E.I. PAUL POPESCU NEVEANU TIMIȘOARA**



COURSE NAME: VITAMIN C BOOSTS EDUCATION - COACHING TO REDUCE EARLY SCHOOL LEAVING

COURSE LOCATION: TURCIA

OBJECTIVES AND LEARNING OUTCOMES:

Participants will acquire the following competences:

1. Develop competences regarding applying coaching as a methodology in different formal settings in order to improve the motivation and results of the students
2. Learn how to develop coaching activities, techniques and tools (a guide, a digital game etc.) through experimental teaching for their own teaching context in order to improve the results of their students
3. Learn how to lower stress levels, overcome anxiety & develop the necessary abilities to manage emotions within the classroom
4. Learn how to analyse bullying, aggressive behaviour (physical and verbal), and how to create strategies on how to deal with and eliminate them
5. Be able to identify limiting & negative beliefs and transform them into positive and supporting ones
6. Have a better understanding of physical & mental health issues within the teaching profession
7. Improve interpersonal relationships
8. Learn how to introduce new tools & resources within the classroom to foster well-being – reduce early school leaving
9. Be able to identify & share good practices that can be implemented at a local level
10. Have better competence & performance in english
11. Have an increased confidence in working with at least 5 coaching methods and tools, using their own qualities, talents, differences, as resources to help and empower

teachers and students to develop their critical thinking, creativity, initiative, problem solving, risk assessment, decision taking and constructive management of feelings

- 12.** Learn how to use the collective intelligence of the groups they are working with to increase their results
- 13.** Learn new techniques that will empower learners with a sense of personal initiative and entrepreneurship and help them create their personal drive and learning to learn their own way (eu key competences “sense of initiative and entrepreneurship” and “learning to learn”)
- 14.** Learn how to apply techniques that will allow their learners and peers to better understand themselves and empathise, leading to better social and civic competences (eu key competence “social and civic competences”)
- 15.** Learn how to promote European cooperation in the field of education within the framework of the Erasmus+ program by partnership building